



# FOODBANK HUNGER DRIVE SCHOOL ACTIVITY PACK





# THANK YOU FOR JOINING FOODBANK'S HUNGER DRIVE

## HELP FIGHT HUNGER IN QUEENSLAND!

Imagine not knowing where your next meal will come from. That's the reality for thousands of Queensland families who face hunger right now. But you can help!

This September, during the Foodbank Hunger Drive, every dollar you raise will be DOUBLED! So for every dollar you raise, 4 MEALS will be created for someone in need.

Join the Hunger Drive today to help vulnerable families who rely on Foodbank Queensland and your support, to put food on the table! Your support will mean that one less child, mother, or vulnerable member of your community, will be at risk today.

Often, one meal at the right time will be enough to start a struggling Queenslander on the path to recovery. Your support will mean everything.

Together, we can make sure no Queenslander goes without.



**Sara Harrup**

Chief Executive Officer  
Foodbank Queensland

# BEHIND THE SCENES AT FOODBANK

Through its Morningside Food Distribution Centre, Foodbank Queensland rescues and sources 14 million kilograms of food every year (the equivalent of 25 million meals). This food is provided to a large network of front-line food relief charities and school breakfast programs to support over 48,000 Queenslanders experiencing hunger per week.

Watch Foodbank Queensland's Behind the Scenes Video to give your students an overview of what we do!



*Scan me to see Foodbank in action!*

## DISCUSSION POINTS

### WHERE DOES FOODBANK RECEIVE FOOD FROM?

Foodbank Queensland receives food from grocery stores, produce markets, farmers and manufacturers. Without Foodbank Queensland, most of this food would end up in landfill.

90% of the food we supply to Queenslanders in need is rescued from landfill. The other 10% comes from our key staples program. Through this program, Foodbank Queensland bulk buys key foods at incredibly discounted rates. These are items we always require that have a long shelf life, including pasta, rice, canned vegetables and fruits, cereals and long-life milk. Foodbank Queensland relies on financial donations to help us keep our food supply trucks on the road, the warehouse lights on, and enable us to purchase these essential items to distribute every day to Queenslanders in crisis.

### FOODBANK TALKS OF A 'SURPRISE CHAIN' INSTEAD OF A 'SUPPLY CHAIN'. WHAT DO YOU THINK THIS COULD MEAN?

It's called a 'Surprise Chain' because we can never be sure what will be donated. One day it could be 20,000 kilograms of sweet potatoes, the next day it could be 10,000 kilograms of capsicums – it's a total surprise!

Why is this food donated in the first place? Produce may not meet certain requirements set by supermarkets, or there may be leftover produce that is unable to be sold. Instead of this food being thrown out, it is donated to Foodbank Queensland to help Queenslanders who are unable to afford or source enough food to feed themselves and their families.

### WHERE DOES THE FOOD STORED AT FOODBANK GET DISTRIBUTED TO?

Foodbank Queensland provides 14 million kilograms of essential groceries each year to 300 front-line food relief charities and 300 school breakfast programs across the state to support Queenslanders in need. This food provides vital support for people of all genders, cultural backgrounds, ages, and family types, right across the state. Every community in Queensland is home to people experiencing a hunger crisis and Foodbank Queensland works hard to distribute food to those who need it most.

# ACTIVITY ONE:

## FOODBANK HUNGER DRIVE QUIZ

### Question 1

Every \$1 donated to Foodbank Queensland provides 2 meals to someone in need. If there are 550 students at your school and every student donates \$1, how many meals would that equal?

- A. 1100
- B. 700
- C. 1000
- D. 900

### Question 2

Foodbank Queensland runs over 300 School Breakfast Programs at participating schools. What food IS NOT served at breakfast?

- A. Toast
- B. Fruit
- C. Lollies
- D. Cereal

### Question 3

How do you feel when you're hungry?

- A. Tired
- B. Happy
- C. Can't focus
- D. Everything is an effort
- E. A, C and D

### Question 4

Where does Foodbank Queensland get their food from?

- A. Farmers
- B. Supermarkets (e.g. Woolworths, Coles, Aldi)
- C. Food Factories
- D. All of the above

### Question 5

Who do you think experiences hunger?

- A. Homeless
- B. Students
- C. Refugees
- D. Elderly
- E. Families
- F. All of the above

### Question 6

Why do farmers and businesses donate food?

- A. To prevent food from going to waste
- B. To help solve the hunger problem in Queensland
- C. To help our environment
- D. All of the above

### Question 7

Foodbank Queensland rescues 12 million kilograms of food from going to landfill each year – can you guess how many football fields that food would fill?

- A. 2
- B. 5
- C. 7
- D. 9

### Question 8

A lot of food gets wasted in Australia each year. What is the most wasted food in Australia?

- A. Milk
- B. Broccoli
- C. Bread
- D. Brussel Sprouts

### Question 9

How can you help fight hunger in Queensland?

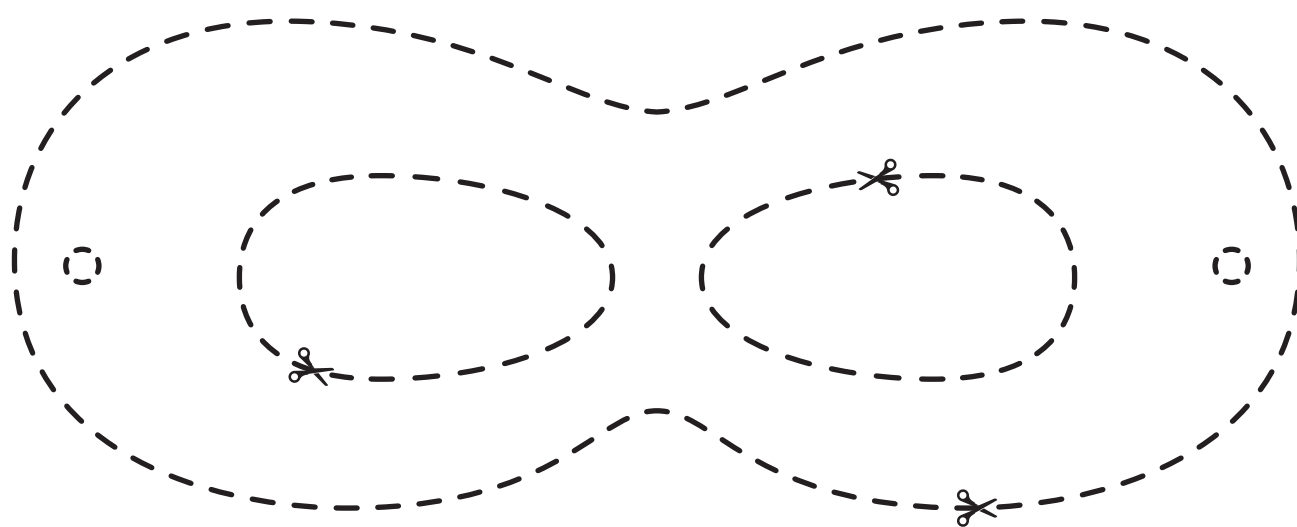
- A. There's nothing I can do
- B. Become a Hunger Fighter by joining the Hunger Drive
- C. Ask my family and friends to fundraise
- D. B and C

# ACTIVITY TWO:

## CREATE YOUR OWN UNIQUE FOODBANK HUNGER FIGHTER MASK!

Get colourful and creative!

Using the items you have, make a mask just like Harriet below and show the world that you and your class are helping to fight hunger.



### YOU WILL NEED:

1. Scissors
2. String, ribbon (to tie your mask)
3. Glitter, feathers, colouring pens
4. Your imagination!

### INSTRUCTIONS:

1. Print the mask template
2. Cut around the lines of the mask
3. Start creating – stick, glue, staple
4. Tie the string or ribbon through the circles of the mask
5. Take a photo of you, your class or entire school
6. Upload your photo to your team page on the hunger drive website
7. Share with your family and friends on social media
8. Tag #hungerdrive #fbqhungerfighter and @foodbankqld



# ACTIVITY THREE:

## THE HUNGER DRIVE WORD SEARCH

Test your skills and challenge your friends.  
See if you can find all of the hunger fighting words in the word search below.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| G | E | C | B | D | A | R | U | A | W | U | S | P | E |
| I | W | N | E | F | O | O | D | B | A | N | K | U | S |
| V | E | S | R | T | I | U | R | F | S | O | Y | W | I |
| E | P | A | S | T | A | B | A | U | T | A | P | A | A |
| Y | H | T | L | A | E | H | T | S | E | O | P | T | R |
| S | U | P | P | O | R | T | P | U | E | A | A | E | D |
| S | D | N | A | L | S | N | E | E | U | Q | H | R | N |
| E | E | U | A | C | A | R | R | O | T | L | B | I | U |
| M | T | B | A | S | B | A | N | A | N | A | F | G | F |
| I | G | R | O | C | E | R | I | E | S | L | G | A | S |
| L | A | E | R | E | C | A | O | B | N | U | S | L | A |
| K | H | A | O | E | B | R | E | A | K | F | A | S | T |
| P | T | D | D | O | N | A | T | E | U | E | R | E | T |
| L | H | U | N | G | R | Y | A | A | M | Q | B | T | T |

GROCERIES  
CARROT  
QUEENSLAND  
MEALS  
GIVE  
CEREAL  
HAPPY

BANANA  
BREAD  
SUPPORT  
DONATE  
WASTE  
FOODBANK  
HEALTHY

FUNDRAISE  
HUNGRY  
PASTA  
BREAKFAST  
MILK  
WATER  
FRUIT

# SOLUTIONS

## HUNGER DRIVE QUIZ ANSWERS

Q1 - A, (1100)

Q2 - C. (Lollies)

Q3 - E, (A,C and D)

Q4 - D, (All of the above)

Q5 - F, (All of the above)

Q6 - D, (All of the above)

Q7 - C, (7)

Q8 - C, (Bread)

Q9 - D, (B and C)

## HUNGER DRIVE WORD SEARCH

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| G | E | C | B | D | A | R | U | A | W | U | S | P | E |
| I | W | N | E | F | O | O | D | B | A | N | K | U | S |
| V | E | S | R | T | I | U | R | F | S | O | Y | W | I |
| E | P | A | S | T | A | B | A | U | T | A | P | A | A |
| Y | H | T | L | A | E | H | T | S | E | O | P | T | R |
| S | U | P | P | O | R | T | P | U | E | A | A | E | D |
| S | D | N | A | L | S | N | E | E | U | Q | H | R | N |
| E | E | U | A | C | A | R | R | O | T | L | B | I | U |
| M | T | B | A | S | B | A | N | A | N | A | F | G | F |
| I | G | R | O | C | E | R | I | E | S | L | G | A | S |
| L | A | E | R | E | C | A | O | B | N | U | S | L | A |
| K | H | A | O | E | B | R | E | A | K | F | A | S | T |
| P | T | D | D | O | N | A | T | E | U | E | R | E | T |
| L | H | U | N | G | R | Y | A | A | M | Q | B | T | T |





179 Beverley Street, Morningside, QLD 4170

P: +61 7 3395 8422

E: [fundraising@foodbankqld.org.au](mailto:fundraising@foodbankqld.org.au)

W: [hungerdrive.org.au](http://hungerdrive.org.au)